

## R.E. Progression – Substantive Knowledge

	Early Years	Year One	Year Two	Year Three	Year Four	Year Five	Year Six
<b>Christianity</b>	<p>Recall the main events in the Creation story in simple terms.</p> <p>Harvest is about saying thank you to God for creation and what they have been given.</p> <p>Christians believe they need to care for God's world and they should look after everything in it.</p> <p>God's name is special to Christians because God made the world and made them.</p> <p>Recall the main events in the story The Precious Pearl.</p> <p>Describe how Christians feel about God in simple terms.</p> <p>Retell the main events of the Christmas story.</p> <p>Christians believe that after Jesus was born, people came to visit him.</p> <p>Christians believe that the wise men/Magi set off when they saw the star to find the new king, but that they did not arrive straight away.</p> <p>Christians believe that Jesus was both God and a human at the same time. Christians call this 'incarnation'.</p> <p>Christians celebrate Christmas in lots of ways (nativity, Advent, Christingle, Epiphany).</p> <p>Christians believe that it is important to keep going back to the original story found in the Bible so that the meaning is not lost.</p> <p>The Easter story is special to Christians.</p> <p>Jesus rode a donkey into the city of Jerusalem on Palm Sunday.</p> <p>Palm crosses are given to Christians every year on Palm Sunday.</p> <p>Christians believe Jesus was able to die for the terrible things humans have done so they can be forgiven.</p> <p>Christians believe they receive new life in Jesus because their sins are forgiven because of his death.</p> <p>An egg represents new life.</p> <p>Christian children make Easter gardens with a cross to remember Jesus.</p>	<p>A parable is a story that Christians believe Jesus told to teaching people something about God.</p> <p>The main events of the story of The Prodigal Son.</p> <p>The parable of the Lost Son teaches about forgiveness.</p> <p>There are four different prayer types used by Christians: praise, saying sorry, saying thank you, asking.</p> <p>The main events in the story of Jonah and the Whale.</p> <p>Incarnation" originally comes from the Latin word caro, meaning "flesh," and refers to the belief that Jesus Christ was "made flesh" when he was born.</p> <p>Recall the main events in the Christmas story.</p> <p>Advent is an important time of the year for Christians as it gives them time to prepare for Christmas Day.</p> <p>Advent wreaths circular to show there is no beginning or end to God's love.</p> <p>There are five candles on the wreath.</p> <p>The candles are lit each Sunday before Christmas Day.</p> <p>The four candles represent: hope, faith, joy, peace.</p> <p>The white candle represents Christ.</p> <p>Jesus lived for approximately 33 years and the events of "Holy Week" (the week leading up to his death and resurrection) start for Christians on "Palm Sunday" when Jesus rode into Jerusalem.</p> <p>The Jewish people believed that God was going to send them a Messiah to rid them of the Roman occupation of Israel.</p> <p>It was traditional to place a cover across the path of someone deemed worthy of honour, especially royalty.</p> <p>The palm branch was a Jewish symbol of triumph and victory.</p> <p>Christian concept of Salvation: the saving of mankind from permanent</p>	<p>The main events in Matthew's story. Who Jesus chose to follow him. These were called disciples.</p> <p>Jesus told stories about forgiveness as part of his teaching.</p> <p>Christians may pray when they feel troubled.</p> <p>The Good News Jesus brings are peace, love, forgiveness and eternal life.</p> <p>Christians use prayers for praise, thanks, saying sorry, to ask.</p> <p>The Lords Prayer is an important Christian prayer.</p> <p>Salvation means being saved or rescued so that humans are not separated from God.</p> <p>Christians refer to Jesus as a saviour.</p> <p>Holy Week includes Palm Sunday, Maundy Thursday, Good Friday and easter Sunday.</p> <p>Easter is the most important celebration for Christians.</p> <p>Christians believe through Jesus' death and resurrection he healed the rift between God and humanity.</p> <p>Easter can be celebrated secular and religious.</p> <p>Eggs symbolise the new life Jesus has brought as Saviour.</p>	<p>Creation is very near the beginning of the 'Big Story'.</p> <p>The five ideas in the Big Story are ordered - God, Creation, Incarnation, Gospel, Salvation.</p> <p>All the little stories from the Bible fit somewhere into the 'Big Story'.</p> <p>Keywords from the Creation story - God, said, day, evening, morning, good, created. They are repeated in the story.</p> <p>Recall the main events in the story of creation from Genesis.</p> <p>Christians see the world as God's, and feel that people should be like stewards or caretakers, looking after God's good earth.</p>	<p>Four gospels, books in the New Testament, traditionally thought of as having been written by Matthew, Mark, Luke and John.</p> <p>There were 12 disciples who followed Jesus.</p> <p>Simon, Peter and Andrew were known as 'Fishers of Men'.</p> <p>Christians today believe they are called to be fishers of men as the Bible teaches that they should share Jesus' good news with others.</p> <p>Vicars help people to pray and know about God; visit lots of people and talk in school assemblies.</p> <p>An evangelist spends their life telling people about Jesus and the good news that they believe Jesus brings.</p> <p>Recall the main events in The Parable of the Good Samaritan.</p>	<p>Holy means :God is awesome and amazing. God is morally pure and hates sin — God is separate from human beings, who are sinful</p> <p>Loving means: God wants the very best for human beings, is kind and forgiving, and does a lot to care for them.</p> <p>Omnipotent means God is all-powerful.</p> <p>Omniscient means God knows all things.</p> <p>Eternal means God created time and is not limited by it — God is outside time: God does not get old like human beings.</p> <p>Spirit means God is not physical — God does not have a body.</p> <p>Christians praise God for loving and caring for them through worship.</p> <p>Ideas of God can be expressed through art e.g. stained glass windows, paintings.</p> <p>Stained glass windows tell stories.</p> <p>The font shows God's loving welcome and forgiveness.</p> <p>The altar represents sacrifice.</p> <p>The confessional talks of forgiveness.</p> <p>The rood screen separates people from the holiest part, the altar.</p> <p>The size and scale of a cathedral speaks of God's power and human creativity.</p>	<p>A Saviour is someone who wants to save someone from a particular situation.</p> <p>Know the elements of the Big Story of the Bible (creation, fall, people of God, Incarnation, gospel, salvation, kingdom of God).</p> <p>The saviour can bring humanity back into a relationship with God.</p> <p>Historically God's people needed a rescuer because the land was occupied by Romans.</p> <p>Theologically they needed a rescuer because of the actions of Adam and Eve.</p> <p>There were seven expectations of Micah and Isaiah.</p> <p>Jesus' birth is believed to be the incarnation of God.</p> <p>Christ means anointed one.</p> <p>Know the difference between secular and religious.</p>

		<p>separation from God by the death and resurrection of Jesus Trinity. This is the 'complete relationship' between God (the Father), Jesus (his son) and the Holy Spirit Palm Sunday is the day where Jesus rode into Jerusalem. He fulfilled Old Testament prophecies which said that this would happen when the "king" came. Christians believe in the Trinity. This is the complete relationship between God (the Father), Jesus (his son) and the Holy Spirit. Christians believe that Jesus is the Son of God, he was put to death on Good Friday and rose from the dead on Easter Sunday</p>					
<p><b>World View</b></p>	<p>Christians believe that everyone is unique, and they are special to God. Christians believe that everyone, including children are welcome in God's family. Religious people also wear symbols to show that they belong to their religious worldview. Christians want to welcome people into God's family. They do this as adults, and some do this for babies. It is called baptism. Allah means God in Arabic. God is the most important being in a Muslim's life. The Prophet Muhammad shared words from Allah with Muslims. Raksha Bandhan is a Hindu festival. Raksha Bandhan festival is when brothers and sisters show their love for one another and share their intention for caring for each other. Mosques are special places to Muslims. Churches are special places to Christians. The cross is a symbol for Christians. The crescent moon and star is a symbol for Muslims. Churches have bibles, stained glass window, altar and font. Mosques have the Qur'an and Islamic art. Christian stories are told in the Bible. A special Christian story is when Jesus calmed the storm.</p>	<p>Christians and Jewish people believe we are all made in the image of God and we are all individuals. Readings from the Bible teach Christians about being unique and special to God. Psalm 8 tells Jewish people how important they are to God. Jewish people believe in Tzedakah – giving to charity makes the world a better and fair place. Recall the main events from the story of Moses. Sukkot celebrates the gathering of the harvest and commemorates the miraculous protection G-d provided for the children of Israel when they left Egypt.</p>	<p>Christians go to church to worship God. A font is used for baptism. A cross reminds us of Jesus. Muslims worship at home or in a mosque. Traditional mosques have a tall minaret where the call to prayer is said from. Jewish people worship in a synagogue. Men and women sit separately in a mosque. An ark is used to store the Torah rolls.</p>	<p>Give suggestions humans can make the world a better place. Humanists believe we won't get help from any Gods or Goddesses, but we can make the world better ourselves. Muslims believe that Allah has shown the path of Islam as the way to follow. If we follow the path, it will make a better world. Christians believe God came to earth (in Jesus) to rescue us and repair the damage. Now we need to make a better world too. Jewish people have a view called Tikkun Olam, people can work with God to make the world better. Zakat is the third Pillar of Islam, a compulsory giving of 2.5% of one's wealth each year to benefit the poor.</p>	<p>Each of us takes a journey through life and some of us take a religious journey, others take a non-religious journey and others take a journey that is a mixture of the two. (eg weddings from different worldviews, believer's baptism, baby welcoming ceremonies, infant baptism, funerals etc). People's beliefs can guide and reassure them during difficult times. Baptism is a way of Christians welcoming the baby, child or adult into the church (Christian family). Confirmation means that the believer becomes a full adult member of the church and can take communion. Girls become bat mitzvah and enter adulthood at the age of 12 or 13 and boys become bar mitzvah, entering adulthood at 13. Understands the Hindu terms Dharma, deity, Trimurti, cycle of life and death, reincarnation. In the sacred thread ceremony, the child is given a 'sacred thread' which they must wear all their life, a new thread must be put on before an old one can be removed. The thread goes over the left shoulder and under the right arm and are worn under clothes. Many religious couples try to marry for life (non-religious couples usually try to marry for life too), choose to bring their children up together</p>	<p>Worldview means this is a person's view of the world and that it can be either religious or non-religious. Recognise the difference between world view and religious views. A person who believes in humanity but not in gods or heaven is called a humanist. Humanists don't follow holy books like the Bible or Torah. Instead, they say 'use your mind!' Being non-religious is becoming more common. Recall the main messages from The Two Wolves story. Morality: to do with what is good and evil, right and wrong. Moral behaviour is what is good. Values: the moral ideas which an individual or community holds and which impact their behaviour. EG: Humanist morality emphasises individual autonomy and empathy. Christian morality emphasises trust in God and following Jesus. Authority: the basis on which we decide our beliefs and values. Some Christians talk about the authority of the church, the Bible or the revelation of God in Jesus. Some Humanists emphasise the authority of reason and science. Some Humanists are sceptical of claims to authority, emphasising individual autonomy.</p>	<p>Agnostic means a person who does not know whether or not God exists. Atheist means somebody who believes that God does not exist. Theist means someone who believes in God. The LAMBI scale is an acronym for Limitless, Authoritarian, Mystical, Benevolent, Ineffable. A theologian is someone who studies and talks about God and religious beliefs in a thoughtful and methodical way. Theologian comes from two Greek words: 'theos' (meaning God) and 'logos' (meaning word or discussion).</p>

	<p>Christians believe Jesus was both God and human and came to earth to help people.</p> <p>Jewish stories are told in the holy book - Torah.</p> <p>Some stories from the Bible are also special to Jewish people because they are found in the Jewish holy text, the Torah.</p> <p>A special Jewish story is David and Goliath.</p> <p>Qur'an is the holy text for Muslims.</p> <p>The Qur'an is kept on the highest shelf, and you need to wash your hands before unwrapping the book.</p> <p>Muslims believe the Prophet Muhammad was first given the Qur'an by Allah at mount Hira</p>				<p>within a marriage, try to be faithful to their partner, make a home together and follow what they believe to be God's rules.</p>	<p>Golden rule: the principle of treating others as you would like to be treated by them.</p>	
<p><b>Judaism</b></p>	<p>Jewish stories are told in the holy book - Torah.</p> <p>Some stories from the Bible are also special to Jewish people because they are found in the Jewish holy text, the Torah.</p> <p>A special Jewish story is David and Goliath.</p>	<p>The Star of David is the symbol of Judaism.</p> <p>Many Jewish people put a Mezuzah on their doorposts. They touch it and remember the words of the Torah inside it.</p> <p>Shabbat is the day of rest.</p> <p>The sacred text for Jewish people is the Torah.</p> <p>Hannukah lasts for 8 days and nights.</p>	<p>The Jewish Holy books (Tenakh) contain core beliefs and stories including the Creation Story in which God creates the world in six days and rests on the seventh – the Sabbath.</p> <p>As the Jewish weeks start on a Sunday, Saturday is the 7th day, the day of rest – Shabbat.</p> <p>The law books attributed to Moses include the 10 commandments – one of these is to 'Honour the Sabbath'.</p> <p>Shabbat (Sabbath) is celebrated both in the home and the synagogue and the main requirement is that no work should be attempted from sunset on Friday until sunset on Saturday.</p> <p>The start of Shabbat is marked with a special meal and ceremony in the home.</p> <p>When worshipping, Jews wear a skull cap called a kippah. This is usually worn by men as a sign of respect to God.</p>	<p>During Shabbat, Jewish people remember the story of creation from the Torah where God created the world in 6 days and rested on the 7th day.</p> <p>Recall the main events at a Saturday morning Shabbat service.</p> <p>Jewish people celebrate Shabbat as a reminder of the Covenant and an occasion to rejoice in God's kept promises.</p> <p>Rosh Hashanah is a special festival that celebrates Jewish New Year.</p> <p>During Rosh Hashanah, Jewish people will traditionally greet each other with L'shanah tovah, which means "for a good New Year".</p> <p>Many Jewish families will spend some of Rosh Hashanah at a Synagogue.</p> <p>One of the traditions of Rosh Hashanah is to blow a big horn called a Shofar. One hundred notes are blown on the horn to create a special rhythm.</p> <p>During Rosh Hashanah, food is also really important. Slices of apple are dipped in honey to symbolise a sweet new year ahead. Honey cake is eaten too.</p> <p>Yom Kippur means Day of Atonement. It is the most sacred and solemn day in the Jewish calendar. It is a day to reflect on the past year and ask God's forgiveness.</p> <p>Pesach / Passover is a celebration of the story of Exodus. During Passover,</p>	<p>Shavuot means 'weeks' and is also known as the Feast of Weeks.</p> <p>Shavuot has no fixed date and is the least celebrated of all Jewish festivals.</p> <p>Many years ago, Jewish people would harvest their first wheat and fruits. These would be taken to the Temple in a special basket to be blessed. This ritual is called Bikkurim.</p> <p>Shavuot is the only time Jews might desire to study all night. This is known as Tikkun.</p> <p>Prayer is an important part of the Shavuot celebration, especially the Shema. This is found in Deuteronomy 6: 4-9</p>	<p>Kosher means anything that is acceptable to Jewish Law.</p> <p>Kashrut are dietary rules.</p> <p>Trief is food that is not kosher.</p> <p>There are six items on the Seder plate. Each of the six items arranged on the plate has special significance to the retelling of the story of Passover.</p> <p>Understand the difference between Orthodox and Progressive Judaism.</p>	<p>Tenakh: Written in Hebrew and the first five books are the Torah: Genesis, Exodus, Leviticus, Numbers and Deuteronomy.</p> <p>Sometimes the whole of the Jewish Bible is referred to as the Torah.</p> <p>Torah (first five books): Jewish belief is that the Torah was given to Moses by God.</p> <p>The teachings of the Torah influence all Jewish life as Jews are required to follow the 613 mitzvot (commandments or laws) which were expanded from the original 10 commandments given to Moses.</p> <p>Prayer: There are three daily periods of prayer; early morning, afternoon and evening</p> <p>Synagogue: The main place for community worship is the synagogue. A synagogue is the centre of the community as well as a place to meet, worship and pray</p> <p>Bar/Bat Mitzvah: The Jewish initiation ceremony is called Bar or Bat Mitzvah.</p> <p>Shabbat (Sabbath): Shabbat is celebrated both in the home and the synagogue and the main requirement is that no work should be attempted from sunset on Friday until sunset on Saturday.</p>

				Jews remember how their ancestors left slavery when they were led out of Egypt by Moses.			
<b>Islam</b>	<p>Allah means God in Arabic. God is the most important being in a Muslim's life. The Prophet Muhammad shared words from Allah with Muslims. Mosques are special places to Muslims. The crescent moon and star is a symbol for Muslims. Mosques have the Qur'an and Islamic art. Qur'an is the holy text for Muslims. The Qur'an is kept on the highest shelf, and you need to wash your hands before unwrapping the book. Muslims believe the Prophet Muhammad was first given the Qur'an by Allah at mount Hira</p>	<p>Muslims believe in Allah. Allah is the Arabic word for God. Many Muslims try to remember the 99 Beautiful Names of Allah from the Qur'an. The 5 pillars of Islam are 5 things Muslims do to keep their faith strong. Muslim dads whisper to their newborn tiny daughters and sons.</p>	<p>Muslims believe in Allah. Allah is the Arabic word for God. The 5 pillars of Islam are 5 things Muslims do to keep their faith strong. Recall the main events in the story of Muhammad and the Cats. Prophet Muhammad was visited by the angel Jibril (Gabriel). Prophet Muhammed first heard the words of Allah on Jabal al-Nour which translates to "Mountain of Light." The angel commanded him to recite the words before him. Muhammad had never been taught to read or write but he was able to recite the words. Muslims believe that the Prophet Muhammad received the Qur'an, which is the most important Islamic holy book and the only one to contain the pure word of Allah.</p>	<p>The star and crescent are a symbol of Islam. Islam, Muslim, Salaam - 'slm' is the root of all 3 of the Arabic words, it means 'peace'. Muslims try to submit to Allah by trusting Allah with everything that they have. The Five Pillars of Islam are the five obligations that every Muslim must satisfy in order to live a good and responsible life according to Islam. The Five Pillars consist of:</p> <ul style="list-style-type: none"> <li>• Shahadah: sincerely reciting the Muslim profession of faith</li> <li>• Salat: performing ritual prayers in the proper way five times each day</li> <li>• Zakat: paying an alms (or charity) tax to benefit the poor and the needy</li> <li>• Sawm: fasting during the month of Ramadan</li> <li>• Hajj: pilgrimage to Mecca</li> </ul> <p>Muslims believe that the words in the Qur'an were first given to the Prophet Muhammad at Mount Hira. Tawhid means the 'oneness of God'. Wudu is the ritual washing performed in preparation for prayer and worship. Many Muslims pray in the mosque. Sawm means fasting from dawn until dusk during Ramadan, one of the Five Pillars of Islam. Eid-al-Fitr is the festival at the end of Ramadan. Eid-al-Fitr...</p> <ul style="list-style-type: none"> <li>• start the day with something sweet</li> <li>• give and wear new clothes</li> <li>• communal prayer early in the day</li> <li>• share gifts</li> <li>• elders give children money called eidiyah</li> <li>• donate to those less fortunate</li> <li>• visit loved ones</li> </ul>	<p>Most Muslims believe they should live a good life. Muslims believe life was given to them by Allah and they should try to live as good a life as possible. Muslims believe that when they die their actions in this life will help decide what happens next. Muslims believe Allah is watching them all the time. All their good deeds and thoughts and words will be kept as a record. When they die, Allah will decide whether they've been good enough to go to heaven or not.</p>	<p>The five pillars of Islam are important to people. (Shahadah, Salah, Sawm, Zakah, Hajj) Know what each pillar of Islam means to Muslims. The largest groups of Muslims in the UK follow the Sunni or the Shi'a traditions. Recognise the difference between purpose built mosques and converted mosques. Ibadah means worship.</p>	<p>The Qur'an is the holy book for Muslims, but it is also believed to be the actual words of Allah spoken in Arabic. Many Muslims will learn Arabic specially to understand the Qur'an. Many Muslims take lessons in how to speak Arabic, including schoolchildren. The Qur'an is respected in many ways including:</p> <ul style="list-style-type: none"> <li>• Being put on a stand when used, so it is not over touched.</li> <li>• When not used it is wrapped in a clean cloth</li> <li>• When not being read it should be the highest book in the room</li> <li>• Never being placed on the floor</li> <li>• Hands being washed before it is touched.</li> <li>• You must be in the right frame of mind – concentrate on Allah</li> </ul> <p>Muslims believe the Qur'an gives information on how to live life the way Allah would want.</p>
<b>Sanatana Dharma</b>	Raksha Bandhan is a Hindu festival. Raksha Bandhan festival is when brothers and sisters show their love	N/a	N/a	For many Hindus the Aum symbol is a sacred symbol that describes Brahman.	Hindu Dharma started in India.	Sanatanis believe in Brahman as the one true God who is formless, limitless, all-inclusive, and eternal.	Know what the trimurti is and why it is important.

	for one another and share their intention for caring for each other			<p>Brahman is an energy in the universe – the source of everything. For many Hindus, Brahman is the divine or the supreme being.</p> <p>Namaste: Bowing slightly and putting hands together, means 'The spark of God in me bows to the spark of God in you'.</p> <p>Atman is the spark of Brahman in everything.</p> <p>Ahimsa is the principle of not doing any harm to other living things</p> <p>The word 'trimurti' means 'three forms'. In the trimurti, Brahma is the creator, Vishnu is the preserver and Shiva is the destroyer.</p> <p>Brahma, the deity, is not the same as Brahman.</p> <p>Lakshmi is the consort of the god Vishnu and the goddess of wealth and purity in Hindu mythology.</p> <p>Lord Ganesh is one of the most popular and known as the elephant deity. Ganesh is the son of Lord Shiva and the goddess Parvati.</p> <p>Shiva is one of the three main gods in Hinduism. Shiva is known as the destroyer god because he removes all evil from the world.</p>	<p>A mandir is a place where many Hindus go to worship. Some call it a temple.</p> <p>Hindus call their worldview 'Sanatana Dharma' – the eternal way, rather than Hindu Dharma or Hinduism.</p> <p>1 million people in the UK are Hindu.</p> <p>Aum (Om) symbol is a sacred syllable representing creation. It is recited at the beginning and ending of prayers.</p> <p>Brahman deity shows creation.</p> <p>Ganesh deity shows intelligence and wisdom.</p> <p>Lakshmi deity shows wealth and prosperity.</p> <p>Saraswati deity shows knowledge, music and creative arts.</p> <p>The word 'trimurti' means 'three forms'. In the trimurti, Brahma is the creator, Vishnu is the sustainer and protector and Shiva is the transformer / recycler.</p> <p>Recognise key features of Hindu worship (bell, flowers, diva lamp, water in a pot, spoon, murti, fruit, incense, aum symbol, Ganesh Murti).</p> <p>Dharma is central to how many Hindus try to live their lives.</p>	<p>Worship can be performed alone at home or in a mandir/temple with others (Puja)</p> <p>Offerings are always given to God (Puja)</p> <p>The Vedas are the oldest of the Sanatani holy books</p> <p>Veda means knowledge</p> <p>For many Sanatanis there are four goals in human life (purusharthas); namely</p> <ul style="list-style-type: none"> <li>- Moksha - the release of the soul (Atman) from the cycle of rebirth.</li> <li>- Dharma - the code for leading your life – including duties</li> <li>- Artha – Being prosperous legally – this includes earning money through doing a job beneficial to others. Earning wealth benefits the community as well as self.</li> <li>- Karma- this includes desire and a passion for life</li> </ul>	<p>Atman is the name given to the spark of Brahman in everything. It is both in animals and humans.</p> <p>Atman is pure, eternal and unchanging.</p> <p>Retell the main events in the story of 'The Man in the Well.'</p> <p>Samsara means the cycle of life – death and rebirth.</p> <p>Karma means actions have consequences even into the next life.</p> <p>Hindus have five daily duties (worship, studying sacred texts, reflecting on teaching and actions of wise people, providing food for people and animals in need, welcoming guests).</p> <p>Dharma' – the eternal way, rather than Hindu Dharma or Hinduism.</p> <p>Ahimsa means non-violent.</p> <p>Moksha means the ultimate goal.</p>
<b>Buddhism</b>	N/a	N/a	<p>This is the story of a prince who gave up all his riches to try to find out the meaning of life, why there is suffering and what can be done to stop this.</p> <p>The prince was kept in a big palace by his father who wanted him to be a king.</p> <p>When he left the palace he saw things that shocked him. He saw old age, sickness, death and a holy man. He spent many years trying to find out why life involves difficult times. He realised that suffering was often caused by people being greedy or selfish.</p> <p>Buddha thought that he could help people live their life in a less selfish and greedy way – these became a key part of his teachings.</p> <p>Buddhists look to the Buddha as a role model.</p> <p>Many will follow the Buddha's teachings and try to be aware of the impact of their actions and words.</p>	<p>The story of the Buddha shows Buddhists that it is important to live your life in the right way.</p> <p>Buddha realised that suffering and unhappiness were often caused by not understanding what life was like.</p> <p>Buddha decided to try to live his life in a way that would help others and not just think about himself.</p> <p>Buddhists today look at what happened in the Buddha's life and try to learn how his teachings like the three marks of existence could help them.</p> <p>Some stories that the Buddha told help Buddhists understand how they should approach life.</p>	<p>Most Buddhists believe that we live many times – this is called reincarnation.</p> <p>Each life we have depends on how good a life we led last time.</p> <p>Each time you are reborn you have no memory of your previous life.</p> <p>The aim of life is to finally break out of the cycle of rebirth – this is called reaching Nirvana.</p> <p>Many Buddhists believe that the Buddha achieved Enlightenment.</p> <p>Enlightenment means to understand and realise the truth about life.</p> <p>Many Buddhists hope to follow the path laid out by the Buddha and gain enlightenment.</p> <p>Most of the Buddha's teachings concern how we should behave in our daily lives.</p> <p>The Buddha said that if we do 8 things in the right way, we have a chance of achieving enlightenment.</p> <p>The Noble Eightfold Path includes ways in which an individual Buddhist could choose to guide their lives.</p>	<p>Many Buddhists believe in The Three Jewels / Refugees.</p> <p>A jewel is something of value – A refuge is a safe place – often in difficult times.</p> <p>The Three Refuges/Jewels are...</p> <ul style="list-style-type: none"> <li>• the Buddha, (the yellow jewel),</li> <li>• the Dharma/Dhamma (teachings), (the blue jewel),</li> <li>• and the Sangha (the community) (the red jewel)</li> </ul>	<p>The Buddha left many teachings behind.</p> <p>Buddha's teachings included concern with what life is like and others were concerned with how to live a good life.</p> <p>The Noble Eightfold Path outlines eight ways that the Buddha suggested could help people live a good life. Right living and right intention are the ones we focus on.</p> <p>Metta – loving kindness</p> <p>Intention – the reason we do something (motive) – what we are aiming to achieve.</p> <p>Consequence – something that happens because of an action</p> <p>Most Buddhists believe in a cycle of life, death and rebirth – this came from the Sanatana Dharma (Hindu) tradition.</p> <p>They believe our actions in this life have an impact on the life you have next time.</p> <p>Buddhists think that we should always act with right intention, we</p>

			Accepting that suffering happens is a part of life Buddhists will try to lead a good life as it will help them achieve their own personal enlightenment				should be aware of the consequences of our words and actions.
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## R.E. Progression – Disciplinary Knowledge (Skills)

	Early Years	Year 1 and 2	Year 3 and 4	Year 5 and 6
<b>Making sense of beliefs</b>	<p>Retell stories, talking about what they say about the world, God, human beings.</p> <p>Recognise and retell stories connected with celebration of Easter.</p> <p>Say why Easter is a special time for Christians.</p>	<p>Identify the core beliefs and concepts studied and give a simple description of what they mean.</p> <p>Give examples of how stories show what people believe (e.g. the meaning behind a festival).</p> <p>Give clear, simple accounts of what stories and other texts mean to believers.</p>	<p>Identify and describe the core beliefs and concepts studied.</p> <p>Make clear links between texts / sources of authority and the key concepts studied.</p> <p>Offer suggestions about what texts / sources of authority can mean and give examples of what these sources mean to believers.</p>	<p>Identify and explain the core beliefs and concepts studied, using examples from sources of authority in religions.</p> <p>Describe examples of ways in which people use texts / sources of authority to make sense of core beliefs and concepts.</p> <p>Give meaning for texts / sources of authority studied, comparing these ideas with ways in which believers interpret texts / sources of authority.</p>
<b>Understanding the impact</b>	<p>Say how and when Christians like to thank their Creator.</p> <p>Recall simply what happens at a traditional Christian festival (Christmas).</p> <p>Recognise some symbols Christians use during Holy Week, e.g. palm leaves, cross, eggs.</p> <p>Recognise that some religious people have places which have special meaning for them.</p>	<p>Give examples of how people use stories, texts and teachings to guide their beliefs and actions.</p> <p>Give examples of ways in which believers put their beliefs into action.</p>	<p>Make simple links between stories, teachings and concepts studied and how people love, individually and in communities.</p> <p>Describe how people show their beliefs in how they worship and in the way they live.</p>	<p>Make clear connections between what people believe and how they live, individually and in communities.</p> <p>Using evidence and examples, show how and why people put their beliefs into action in different ways e.g. in different communities, denominations or cultures.</p>
<b>Making connections</b>	<p>Talk about things they find interesting, puzzling or wonderful and also about their own experiences and feelings about the world.</p>	<p>Think, talk and ask questions about whether the ideas they have been studying have something to say to them.</p>	<p>Make links between some of the beliefs and practices studied and life in the world today, expressing some ideas of their own clearly.</p>	<p>Make connections between the beliefs and practices studied, evaluating and explaining their importance to different people (e.g. believers and atheists).</p>

	<p>Think about the wonders of the natural world, expressing ideas and feelings.</p> <p>Talk about what people do to mess up the world and what they do to look after it.</p> <p>Talk about people who are special to them.</p> <p>Say what makes their family and friends special to them.</p> <p>Talk about ideas of new life in nature.</p>	<p>Give a good reason for the views they have and the connections they make.</p>	<p>Raise important questions and suggest answers about how far the beliefs and practices studied might make a difference to how pupils think and live.</p> <p>Give good reasons for the views they have and the connections they make.</p>	<p>Reflect on and articulate lessons people might gain from the beliefs / practices studied, including their own responses, recognising that others may think differently.</p> <p>Consider and weigh up how ideas studied in this unit relate to their own experiences and experiences of the world today, developing insights of their own and giving good reasons for the views they have and the connections they make.</p>
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