



NEWSLETTER

28th June 2024

A message from Mrs Harris and Mrs Willington...

The sun has been shining on Middleton this week, which has allowed for lots of outdoor learning opportunities. We have also welcomed visitors into school to support our Careers Week activities. Children listened to visitors speak about a wide range of careers, spanning from vets to gamekeepers. We hope we were able to inspire our pupils and allow them to think ahead of what their future careers may be. Thank you to everyone who volunteered to speak to our pupils, it is very much appreciated.

Thank you also to everyone who attended the uniform event on Wednesday and for the feedback received so far. If anyone has any further comments, please could you let us know by Monday.

We hope the sun keeps shining and you have a wonderful weekend.

Reminders and Messages

- Please remember to bring water bottles into school every day.
- A reminder that we are a 'nut free' school.
- Polite reminder: We are unable to read or answer messages which are sent through Class Dojo. If you need to contact teachers, please telephone or make an appointment at the office.
- **PLEASE NOTE:** Our school Sport's Day has been rearranged and will now take place on Monday 15th July with EYFS in the morning and KS1/KS2 in the afternoon. More details will follow nearer the time.

A Message from The Friends (FOMS)

Useful Online Safety Links

- [NSPCC](#)
- [UK Safer Internet Centre](#)
- [Childline](#)

BE SMART ONLINE

S SAFE Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.

M MEET Meeting up with someone you only know online, even a friend of a friend, can be dangerous so this person is not a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on www.thinkuknow.co.uk

A ACCEPTING Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you.

R RELIABLE You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.

T TELL Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline - 0800 11 11 or www.childline.org.uk

BE SMART WITH A HEART Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.

WWW.CHILDNET.COM

ATTENDANCE MATTERS!

~THIS WEEKS ATTENDANCE~

Reception	100.0%
Year 1+2	89.5%
Year 3+4	99.5%
Year 5+6	96.8%



NEWSLETTER

What have we been up to?



EYFS – Mrs Willington, Mrs Niven and Mrs Dobson

NURSERY

This week in Nursery, we have been reading the story, 'Jack and the Beanstalk'. The children have really engaged with this story and were very creative in designing their own magic beans, which were left in the home corner over-night. The following morning, the children were so excited because a huge beanstalk had grown in nursery, where the beans had been left! The children went on to build a giants' castle, using the blocks and the beanstalk with interstar links. Outside, the children used chalks to draw different size beanstalks and then drew around themselves, pretending to be the giant.

RECEPTION

This week in Reception, we have been enjoying Healthy Week in school! We had visitors from Chartwells, who showed us how to make a rainbow salad and talked to us about keeping our bodies healthy by having a balanced diet and eating lots of fruit and vegetables. We also had visitors from River Tees Rescue visit us to talk about keeping safe in water and how to help if someone is struggling in the water. Overall, a fabulous week, learning lots and having fun!





NEWSLETTER

What have we been up to?

Y1/2 – Mrs. Garnett and Mrs. Aislabie

To promote Healthy Week, Year 1 and 2 have taken part in a range of activities. First of all, we participated in a workshop that was delivered by Chartwells. Here the children talked about healthy food, why it is important to eat a balanced diet and they were then tasked to use a variety of fruit and vegetables to create a butterfly or a caterpillar - the children then enjoyed eating them! Overall, the children enjoyed trying the different fruit and veg!

Later in the week, we designed a healthy menu and created 'fruit and vegetable' artwork in the style of the Australian artist – Mulga.

As part of Careers Week, we have had a range of visitors in school who have discussed what their jobs entail, giving the children an insight into some of the careers available to them when they are older. We were visited by veterinary nurses, theatre nurses, a game keeper and a British Sign Language interpreter. The children enjoyed learning about the different job roles and had lots of interesting questions to ask!

Towards the end of the week, volunteers from the River Tees Rescue Team visited us to discuss water safety. Throughout the assembly, the children showed a good understanding of the importance of staying safe near water. Furthermore, they were given vital information and learnt key survival skills in case they happened to find themselves, or someone else, in trouble. The children were then given the opportunity to put these skills into practice.





NEWSLETTER

What have we been up to?

Y3/4 – Miss Humpherson and Miss Spenceley

It has been a very busy week again this week. The children have been very lucky to have so many special visitors coming to speak to them about different careers. They really enjoyed learning about what they all do and asked them some really good questions about how they got their skills and what they enjoy most. They had the pleasure of meeting some Theatre Nurses, who showed them how special their job is caring for others and peoples loved ones. They then met some Vets and a Midwife, learning how to care for animals and babies. Some children noticed that the Midwife was wearing a lot of badges, which meant she had been awarded for her hard work. It was lovely to have one of our own parents in speaking to the children about Gamekeeping, many of the children were very interested in his job and what he did day to day. Finally, we had a quick visit from a British Sign Language interpreter, and the children were able to impress her with lots of the sign language they already knew.

We have also been learning lots about how to be healthy during Healthy Week. We had a visit from Chartwells where the children made some healthy rainbow wraps trying out lots of different colourful vegetables. They learnt about protecting themselves in the Sun and how to look after their teeth properly, and the importance of a good night sleep.

The Year 4's had a brilliant day out, visiting the Centre for Life, where they explored the science centre and had a trip to the planetarium and then hopped in a time machine back to see some marvellous inventions through time. They ended the day consolidating their learning on Light. They explored light in different ways and were amazed by some of the experiments, they really enjoyed sending the light through a maze by using mirrors to reflect it around corners. What an amazing week it's been!





NEWSLETTER

What have we been up to?

Y5/6 – Miss Dobinson and Mrs Emery

This week, we have had a plethora of professionals visiting us to share with our class, information about their careers. We have had visits from: Operating Department Nurses, a midwife, veterinary nurses, sports coach, gamekeeper and a British Sign Language interpreter. All of our class loved getting hands on with the medical equipment; bandaging an animal, guessing the bird's nest and learning a little sign language. Careers week has proved to be very insightful!

We have also been raising awareness for ways in which we can stay healthy. As a class we have focussed on how we can keep our bodies healthy, with a visit from Chartwells, where children made their own vegetable wraps. We have learnt some first aid skills, and also have an awareness of the negative effects drugs and alcohol can have on the body. To aid our understanding of water safety, a team of volunteers from River Tees Rescue visited the class, where they learnt the key skills to surviving and helping others in water, FLOAT. We had great fun practising our rescue skills with the River Tees Rescue team and feel confident that we would be able to save someone in water.





NEWSLETTER

Upcoming
Events:

	Event
Monday 1 st -Fri 5 th July	Residential to Lockerbie Manor
Tuesday 2 nd July	EYFS Visits for Nursery and Reception – Sept 24, 9:15 – 10:15am
Wednesday 10 th July	NELT Summer Concert at The Glasshouse
Thursday 11 th + Fri 12 th July	Year 6 Transitions to Teesdale School
Friday 12 th July	Moving Up Morning
Monday 15 th July	Sport's Day
Tuesday 16 th July	Auditions for 'Middleton's Got Talent'
Wednesday 17 th July	Leaver's Assembly, 9:15 – 10:15am
Wednesday 17 th July	Year 6 Show, 3:30 – 4:30pm
Thurs 18 th + Fri 19 th July	Bikeability, Reception + KS1
Tuesday 23 rd July	Middleton's Got Talent, 9:30 – 10:30am